#### **Dear patient**

This pamphlet includes a series of care tips and instructions about your drugs. We hope you may control your disease and improve your life quality through observing them.

#### Anticoagulants

General Function: Reduction of Clot Formation Risk

**Types of anticoagulants:** 

- 1. Aspirin (A.S.A)
- 2. Clopidogrel (Plavix)
- 3. Warfarin



#### Notes about Aspirin tablets:

- Take the drug with a glass of water, milk, food or anti-acid substances in order to inhibit stomach stimulation (however, modern tablets are covere by a layer, that is decomposed inside intestine.
- In order to reduce the risk of bleeding, you'd better to stop taking Aspirin for a week before surgery.
- In case of tinnitus, hearing impairment or vertigo, stop taking the drug and consult with your physician.
- Avoid drugs not prescribed by your physician, especially adult cold and anti-nasal congestions because they increase heart pulse.
- Chew Aspirin tablets in order for it to be rapidly absorbed orally.

- Keep A.S.A in dry place at room temperature.
- If you suffer from kidney diseases or diabetes, consult with your physician about proper manners of drug intake.

# With which drugs does Aspirin have drug interactions?

1. Simultaneous intake of Aspirin with Captopril and diuretic (particularly, Spironolactone) is banned (because it increases the risk of kidney intoxication and causes high level of Potassium).

2. Simultaneous intake of Aspirin with Corticosteroids and alcohol in banned (due to high risk of gastrointestinal bleeding).

# <u>Note</u>:

Consult with your doctor in these cases.

### **Side Effects of Aspirin:**

Mild gastrointestinal disorders such as nausea, indigestion, vomit, vertigo, blurred vision.

# Notes about Plavix tablets:

- Plavix increases bleeding duration. As much as possible, try to avoid activities that increase risk of injury and accident.
- If you visit a dentist or other physicians, let them know that you take Plavix.
- In the event of any abnormal bleeding, call your physician.
- If you are going to have a surgery, stop taking the drug one week before surgery, on your physician's recommendation.

With which drugs does Plavix have drug interactions?

1. Simultaneous intake of Plavix with Ibuprofen is banned (due to high risk of bleeding). 2. Patients suffering from ulcers and intracranial bleeding must take Plavix with caution.

### **Side Effects of Plavix:**

- Headache
- Coughing
- Fatigue
- $\circ$  Confusion
- o **Diarrhea**
- Nausea
- Vomit
- Nasal bleeding

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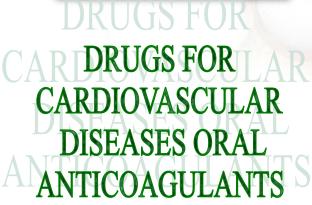


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# **PATIENT TRAINING**





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