

Dear patient

This pamphlet includes a series of care tips and instructions about your medicines. We hope you may control your disease and improve your life quality through observing them.

Digitalis Medicines:

General Function: Increasing Contraction Force of the Heart and Reducing Conduction Speed (in AV node).

Digoxin

Notes about Digoxin

- Check your pulse before drug intake. If your pulse is below 60 in a minute or it was irregular, call your physician.
- Take digoxin 1 hour before or 2 hours after breakfast.



- Digoxin tablet is small and white and it looks like diuretic tablets. Do not get them wrong interchangeably. Do not put different tablets in the same container.
- In case you forget one dose, you can take it until 4 hours after the defined time. Otherwise, leave the forgotten dose behind and return to your normal schedule. Do not redouble the dose. If you have not taken the drug for several doses, consult with your physician before you restart drug intake.



- Keep a medical certificate with yourself proving that you take digoxin.

- Keep digoxin away from high-temperature environments, direct sunlight and humid heat (because digoxin deteriorates under these circumstances). Dispose date-expired digoxin.



Symptoms of Digoxin Intoxication

Anorexia

Confusion

Nausea

Vomit

Fatigue

Visual impairment

Which which drugs dose

Digoxin have drug interactions:

1. Cortisone drugs (Hydrocortisone, Dexamethasone and etc.) and diuretics (Lasix, Furosemide) should not be taken simultaneously with digoxin because they cause potassium disposal and digoxin intoxication.
2. Thyroid hormones (since they attenuate the influence of digoxin).
3. Betablockers such as Propranolol (since they increase the possibility of heart beat reduction due to digoxin).
4. Alprazolam, Amiodarone, Captopril, Diphenoxylate, Erythromycin, Ibuprofen, Indomethacin (since they increase serum level of digoxin).



5. Anti-acid, Anti-histamine, anti-cancer drugs, antidiabetic drugs, Metoclopramide, Rifampicin and Sulfasalazine (since they reduce serum level of digoxin and attenuate its influence).

Note

Simultaneous intake of digoxin and some of high-fiber foods such as raw vegetables, fruits, bran, anti-acid, anti-diarrhea and laxative drugs reduce digoxin absorption rate.

Side Effects of Digoxin

Fatigue, Muscle weakness, Nausea, Delusion, Anorexia, Seeing greenish yellow halo around objects, Vertigo and Diarrhea.

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PATIENT TRAINING



DIGITALIS DRUGS
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